

Are you 16-24?

Need support getting into work?

NEXT PROGRAMME

Tuesday 24th
June 2025

Join our Grow Programme



High Green Development Trust, The Campus,
Pack Horse Lane, High Green, Sheffield S35 3HY



4 week programme



3 afternoons per week, 1 - 3:30pm



Interview at the end for our paid work
placement programme, Grow Gardeners



Boost confidence



Gain work experience



Get out in nature



CV workshops



Develop skills



Build resilience



What do we do at Grow?

Nature is good for us—so we make it part of everything we do! Our nature-based programmes help you build key skills like teamwork, communication, resilience, and motivation—while building your confidence and helping you take the next step toward employment or training.

Want to build your confidence?

Many of our trainees have faced challenges and are looking to grow. If you need support to move forward and find a job that works for you, we're here to help.



Find out more:



“...it's brought me a bit out of my comfort zone.
It's helped a lot with my home life - my
routine's got a lot better. I'm sleeping a lot
better; I'm looking forward to getting up now in
the morning and it's helped take a lot of stuff
off my mind. - **Darren, trainee**”



grow