

Level 2

Understanding Children & Young Peoples Mental Health



What is it?

Qualification Overview

This qualification provides the core knowledge and understanding needed to support children and young people's mental health. It covers key areas such as mental health conditions, emotional wellbeing, risk factors, and the importance of early intervention and support. Learners gain an understanding of how mental health can affect a young person's development, behaviour, and daily life, providing a strong foundation for further study or roles within education, health, and social care.

What To Expect

Unit Breakdown

Unit	Mandatory Units
1	Understand Children and Young People's Mental Health
2	Understand Factors Which May Affect Children and Young People's Mental Health
3	Understand the Impact of Children and Young Peoples Mental Health Concerns
4	Supporting Children and Young Peoples with Mental Health Concerns
5	Understand the Role of Personal Development and Reflective Practice

How Is It Delivered

Learner Journey



**IAG Sessions
Tailored to
Your Goals.**



**1-2-1 Skills
Coach Support**



**Interactive
Sessions**



**Assessments
& Feedback**

**Feedback &
Reflection**

Where Could It Take You? Relevant Job Sectors



**Health & Social
Care**



Business



Education



**Public
Sector**



Retail



Voluntary

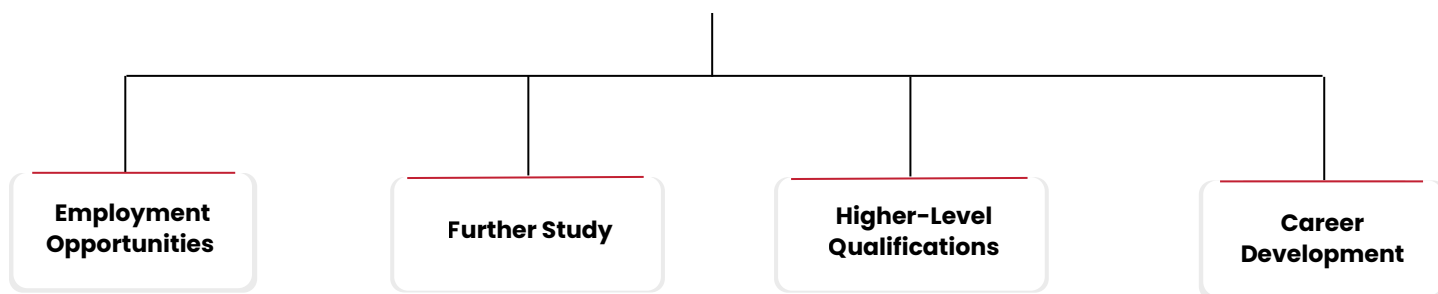
Your Next Steps

Progression & Career Support

Throughout the course, our team will work with you to understand your goals and identify the progression route that is right for you. You'll receive guidance on employment opportunities, further study and advanced qualifications, helping you build confidence and take your next step towards a career in a related sector.

Explore Your Options

How You Can Progress



Get In Touch

Find Out More



www.total-tp.com



Paul.Haigh@total-tp.com
Toni.Moment@total-tp.com



07711 491747
07736 945959